



LOS ANGELES
EDUCATION
PARTNERSHIP

CREATING TRAUMA-INFORMED CLASSROOMS & SCHOOLS

A PROFESSIONAL LEARNING SERIES

Did you know that one in four public school students have experienced at least one traumatic event that can affect learning or behavior?

CURRENT RESEARCH

Neuroscience and recent research confirms that when a child experiences strong, frequent or chronic adversity, the stress creates toxic and unhealthy changes in the brain's function that can have detrimental effects on intellectual, social, and emotional functioning. Through LAEP's Trauma-Informed Classrooms & Schools series, participants learn trauma-informed practices that can have a long-term positive effect on students and the school as a whole. In fact, schools that have implemented trauma-informed practices have experienced growth in student attendance, academic achievement, school safety and a decline in suspension rates, absenteeism, and student illness.

ABOUT LAEP'S TRAUMA INFORMED SCHOOLS SERIES

The material presented is grounded in research from the fields of educational psychology, psychiatry, and neurobiology and research-based pedagogical methods and techniques. Geared towards educators, administrators, healthcare staff, school personnel and counselors who serve and work directly with student populations at school sites, the series provides staff with a heightened awareness of risk factors and trauma's influence on students' academic and non-academic behaviors, which unaddressed can ultimately lead to severe consequences for young people.

What you will learn...

- ▶ Seminal and current research associated with trauma and adverse childhood experiences.
- ▶ The potential effects of toxic stress on developing brains, including the biological effects of various types of childhood trauma—a level of knowledge that allows participants to acquire a deep understanding of their implications on academic and nonacademic
- ▶ School-wide and classroom strategies that can mitigate students' short- and long-term effects of chronic exposure to toxic stress.
- ▶ Teacher self-care and wellbeing: Understanding the symptoms and coping strategies for compassion fatigue and burnout.

The results of a trauma informed school include:

- ▶ Positive relationships with peers and responsive adults.
- ▶ Academically-engaged students with healthy emotional classrooms and school climates.
- ▶ Participation in extra-curricular activities, academic engagement, emotional regulation, social competence, and problem-solving skills.

**For more information
on how to bring these services to your school please contact:**

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