

In the Circle: Understanding your child social-emotional development and supporting his/her behaviors

About...



- Established in 2005
- 13 member organizations that work with families in Los Angeles County
- 3 members work within Best Start NEV
 - Los Angeles Education Partnership
 - Padres Pioneros Parent Pioneers
 - African American Parent/Community Coalition for Educational Equity, The Village Nation
- https://www.parentnetwork-la.org/

Impact of the COVID-19 Pandemic

Impact on School-Age Children...

Early findings from a study found "significantly more learning loss from Fall 2019 to Fall 2020 compared to previous years for:

- (a) students from a socioeconomically disadvantaged background, particularly in ELA, on both assessments across Grades 4–8 and on STAR Math in early grades; and
- (b) English learners (ELs), especially on MAP ELA across Grades 4–9 and on STAR Math in early grades."

Source: Pier, L., Hough, H. J., Christian, M., Bookman, N., Wilkenfeld, B., & R. Miller (2021) *COVID-19 and the Educational Equity Crisis: Evidence on Learning Loss From the CORE Data Collaborative*. Stanford, CA: Policy Analysis for California Education. Retrieved from: https://edpolicyinca.org/newsroom/covid-19-and-educational-equity-crisis

Impact on School-Age Children...

LA Times Headlines:

- Kindergarten declines fuel steep drop in public school enrollment amid pandemic
- Why kids are having a hard time returning to school especially kindergarteners

Sources:

https://www.latimes.com/california/story/2021-04-23/kindergarten-declines-fuel-steep-drop-in-public-school-enrollment-amid-pandemic

https://www.latimes.com/california/newsletter/2021-04-19/transition-back-to-school-kindergarten-8-to-3

Trauma Impact on Younger Children...

- Fears and anxieties
- Heightened Arousal
- Startles and hypervigilance
- Sleeping problems (nightmares)
- Over-reactivity, anger outbursts, and irritability
- Over-controlling, "grown up", excessively responsible behaviors





Trauma Impact on Younger Children Avoidance (Dissociative and Depressive Symptoms)



- withdrawal, passivity, and nonresponsiveness
- emotional numbing
- memory and concentration problems
- denial and somatic complaints
- other depressive symptoms

PON Partnership with Dr. Ritblatt

Professor Emerita of Child and family Development (San Diego State University) and the Founder of delibrainy, Dr. Ritblatt is an expert in early childhood social-emotional development with the focus on early childhood mental health and learning readiness. Her work focuses on prevention and early intervention, utilizing relational, reflective, and traumainformed practices to support healthy development of children and their families.





Understanding your child's social-emotional development



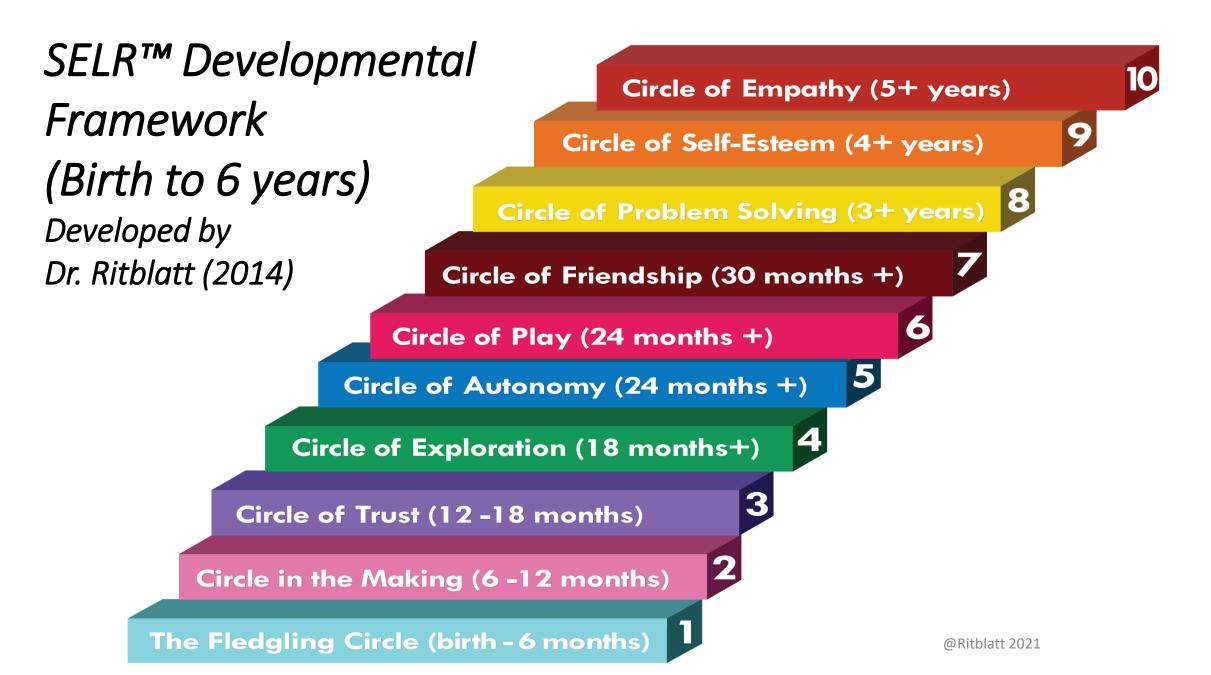
supporting his/her behaviors

IN THE CIRCLE



Positive, responsive, and sensitive adult-child are critical to healthy development.





Selfmanagement

Selfawareness



Social awareness

Relationship skills

Responsible decision-making

In the Circle Project:

Phase I

July-September Voices of families and children

Partnering with community to determine topics and concerns

Phase II September Compiling all information and identifying the relevant issues

Meeting with community/families' leaders to finalize plan

Phase III October-May

8 Topics of the month workshops for parents

8 Theory to practice sessions parent-child

June –Community Celebration



