

NORTHEAST VALLEY BEST
START

SOCIAL RESOURCES
PROJECT NEV

Proposal for project:
Parents as the First
Teachers/Padres Como Los
Primeros Maestros

Friday, April 30, 2021



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Executive Director

Background of
Pasadena
Altadena
Coalition of
Transformative
Leaders



Pasadena/Altadena Coalition of Transformative Leaders (PACTL)

236 W. Mountain Street, Suite 201
Pasadena, CA 91103

Telephone: 626 765-9150 Fax: 626 765-9152

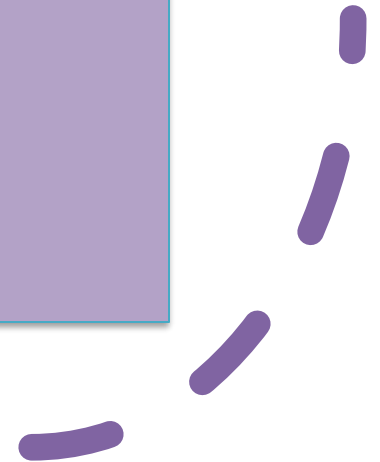
www.pactl.org

Tax 501(c)(3) non-I.D. #27 5264908



PACTL'S VISION

“PACTL’s Vision is to serve as the transformative catalyst and community voice for unifying the diverse interests of youth, parents and professionals to shape social policy and put collective wisdom into action.”



WHO WE ARE AND WHAT IS OUR PURPOSE?



**A DIVERSE GROUP OF PARENTS, YOUTH,
CHILDREN AND SERVICE PROVIDERS
COLLABORATING FOR POSITIVE
TRANSFORMATION**

PACTL SERVICES



PACTL is a family strengthening center

- Advocacy support for youth and families
- Family Life Education
 - Reconnecting with Family Wisdom
 - Parent As Teachers
 - Abriendo Puertas
 - Early Reading for children 3 to 10 years and families
 - Home Visitation Program
 - Adult Education Plaza Runawasi (Literacy, Primary and Secondary)
 - Art and Ukulele Classes for families
- Health and Mental Wellness (integrated approach)
 - Family Walks Together, Yoga classes, Qi Gong, Cooking and Promoting Cultural Roots,
 - Immigration Remedies Screenings and Referrals
 - Peer to Peer Parents, Fathers and Youth
- Violence Prevention Partnering with the Police Dept. to create bridges
- Biennial Educational Summit (October)
- Biennial “Unity in Diversity” Honoring Community Heroes
- Child-Welfare Roundtables with professionals and community members (quarterly)
- Youth Programs
 - Ready To Rise (Disrupting the Prison to School Pipeline) IGNITE YOUTH (Art classes)
- Weekly bread and food pantries.
- Basic Emergency Services (payments for utilities, car repairs etc.)
- Children and Youth Clothes and Shoes Closet
- Tenant Rights Training and Advocacy

Proposal for
project:
Parents as the
First
Teachers/Padres
Como Los
Primeros
Maestros

Timeline: July 2021 to June 2022

Community Priority Areas:

Priority 1) Mental Health /Wellness

Peer to Peer Charlas / Dialogues

Priority 2) Education / Healthy Well Being

Parents as Teachers /Early Reading
Preparing Children for Educational Success

Mental Wellness –Charlas/Dialogues

Peer to Peer Support

- In a culturally relevant way, we will cover the following topics: Stress management for children and adults • Impact of the pandemic on children and their families • How to identify anxiety and depression in children and adults and what to do about it • Suicide prevention In addition, PACTL and families will co-create a safe and courageous space where families will experience Charlas/dialogues that provides the needed emotional support and uplift a community that cares for each other.
- Families will be engaged and will understand their potential critical role in changing historical and systemic barriers to opportunities. PACTL uses Strength based and participatory approaches to equip families with tools to navigate systems of care. When needed and as appropriate referrals will be made to mental health clinicians.



PARENTS AS TEACHERS

EVERY WEDNESDAY STARTING
MAY 26TH - OCTOBER 6TH

A guide through:

- Children's brain development
- Nutrition
- Self-care
- Family well-being
- Family values and goals
- And much more

A **FREE** 20-week course conducted in English for parents/caretakers with children 0-5 years old.

TIME: 10:30am - 12:00pm **WHERE:** Zoom

HOW TO REGISTER:

Please call the P.A.C.T.L. office at **(626) 765-9150** and ask for Evette or Xochitl



Parents as Teachers



PADRES COMO MAESTROS

TODOS LOS MIERCOLES EMPEZANDO
26 DE MAYO - 6 DE OCTUBRE

Los guiaremos a través de estos temas:

- Desarrollo de la mente
- Nutrición
- Cuidado de uno mismo (mimarse)
- Bienestar familiar
- Valores y metas familiares
- Y mucho más

Curso **GRATIS** de 20 semanas en Inglés. Para padres y cuidadores de familias con niños de 0-5 años.

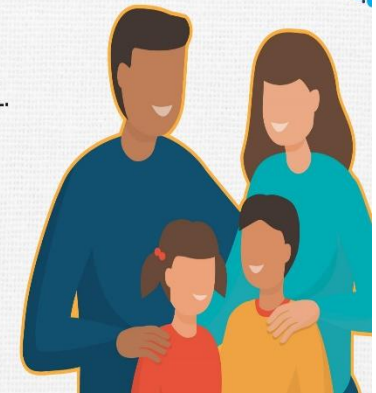
HORARIO: 10:30am - 12:00pm **EN DONDE:** Zoom

PARA MAS INFORMACION Y REGISTRO:

Llamar a la oficina de P.A.C.T.L. **(626) 765-9150** y pregunten por Evette o Xochitl



Parents as Teachers



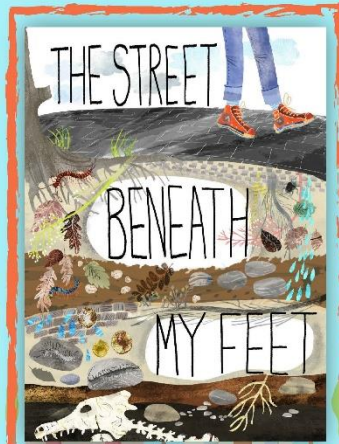
Parent as Teachers (flyer samples)

EXPLORE THE STREET BENEATH MY FEET

For Parents
& Kids Ages
5-10 Years

Friday,
April 16, 2021
at 6PM on Zoom

Have fun reading with the
"MAGGIE THE MARVELOUS"



Call to register and to pick up a free copy of this
book at the PACTL office (copies are limited)

626-765-9150

EXPLOREMOS LA SELVA : CON LA HISTORIA DE LA ORQUESTA

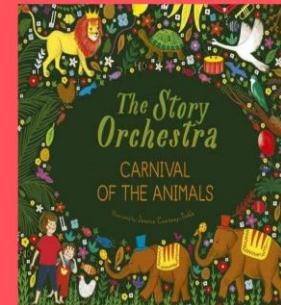
PARA PADRES Y HIJOS EDADES 3-6

Divertete leyendo con la "Magita
Maravillosa"

EL VIERNES 9 DE ABRIL A LAS 6PM
POR ZOOM

GRATIS

LIBRO INCLUIDO



llame para registrarse y recoger el libro para
sus hijos
oficina (626)765-9150
CUPO ES LIMITADO



**Early Reading Children 3-10 years and
Parents (flyer samples)**

THANK YOU FOR THE OPPORTUNITY
TO SUBMIT A PROPOSAL

